



## **PRESENTATION ARCHIVE**

# Past Presentation Topics & Venues

**"Science to Simple: Making Nutrition Science Accessible and Practical," Wisconsin Academy of Nutrition and Dietetics Annual Conference, Oshkosh, WI, April 18, 2024.**

**"Science to Simple: Making Nutrition Science Accessible and Practical," Indiana Academy of Nutrition and Dietetics Meeting, Indianapolis, IN, April 12, 2024.**

**"How to Eat, Move, and Find Your Groove," Eureka College Jackson Day Lecture, Eureka, IL, April 2, 2024.**

**"How to Eat, Move, and Groove to Boost Lifelong Health and Well-Being, University of Illinois Urbana-Champaign OLLI 4-Part Program, 3/24 – 4/15, 2024.**

**"Science to Simple: Making Nutrition Science Accessible," Illinois Academy of Nutrition and Dietetics Spring Assembly 2024, Springfield, IL, March 23, 2024.**

**"From Science to Simple: Making Nutrition Sciences Accessible and Practical." Iowa Academy of Nutrition and Dietetics Meeting, Ames, November 7, 2023.**

**"From Science to Simple: Making Nutrition Science Accessible and Practical." MySportsDietitian Sports Nutrition Symposium 7.0, June 20, 2023.**  
<https://www.mysportsd.com/sports-nutrition-symposium-7>.

**"Relative Energy Deficiency in Sport (RED-S): Evaluating the Impact on Health and Performance," OneOp (former Military Families Learning Network), February 1, 2023. <https://oneop.org/event/134985/>.**



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**"Healing Indian Spices: The Path to Wellness," Sports, Cardiovascular, and Wellness Nutrition (SCAN) Annual Symposium, Phoenix, AZ, April 27, 2019.**

**"The Power of Anti-Inflammatory Nutrition," Burlington Northern and Santa Fe Railway Wellness and Fitness Training Program, Fort Worth, TX, April 9, 2019.**

**"RED-S in College Athletics," University of Wisconsin-Milwaukee Athletics, Physical Therapy/Athletic Training/Kinesiology Programs, October 10, 2018.**